

VEGAN MENU

THE
BALLYMORE
INN

Starters

Thai Green Vegetable Soup with Coconut Milk & Rice Noodles Allergen 9	€ 6.95
Hummous with Salad Leaves, Pickled Cucumber, Kimchi, Pomegranate & Warm Flat Bread Allergen 1, 10	€ 11.25
Avocado & Orange Salad with Spiced Pecans & Basil Oil Allergen: 8, 10	€ 12.95
Pizza with Roast Pepper, Garlic, Spinach, Vegan Mozzarella & Chilli Oil	€ 16.95

Mains

Fresh Herb Falafel with Shredded Cabbage Salad & Green Tahini Dressing Allergen 1, 10, 11	€ 15.95
Chinese Noodles with Stirfry Vegetables, Cashew Nuts, Ginger, Garlic, Chilli & Lime Allergen 6, 8	€ 16.50
Chargrilled Vegetables with Sweet Potato Wedges, Sesame Dressing & Rocket Salad Allergen 6, 10, 11	€ 16.50
Baked Haricot Beans with Peanuts, Vegetables, Tomato & Basil Sauce Vegan Cheese Topping (Optional) Allergen 5, 10	€ 16.50
Mixed Leaves with Cherry Tomatoes, Pickled Cucumber, Red Onion, Avocado, Pistachio Nuts & Sesame Seeds Allergen 8, 10, 11	€ 16.50

Mains includes a side order of Homemade Fries, Basmati Rice, Sauté Potatoes,
Stirfry Vegetables or Side Salad.
Allergen 10

DESSERTS

Seasonal Fruit Bowl with Passion Fruit Syrup, Coconut, Lime & Pecan Ice-Cream Allergen: 8	€ 7.50
Banana with Chocolate Sauce, Coconut Icecream & Pistachio Allergen: 8	€ 7.50
Coffee with Chocolate, Date & Goji Berry Bar	€ 4.95

14 Allergens: 1 Cereals, gluten 2 Crustaceans 3 Eggs 4 Fish 5 Peanuts 6 Soy Beans 7 Milk/Cream
8 Nuts 9 Celery 10 Mustard 11 Sesame 12 Sulphur Dioxide/Sulphites 13 Lupin 14 Molluscs

Allergen Information Available on Request