

VEGETARIAN MENU THE BALLYMORE INN

VEGETARIAN

Starters

Pear & Spiced Pecan Salad with Cashel Blue Dressing Allergen 7, 8, 10	€ 10.25
Hummous with Salad Leaves, Pickled Cucumber, Kimchi, Pomegranate & Warm Flat Bread Allergen 1, 10	€ 11.25
Avocado & Orange Salad with Spiced Pecans & Basil Oil Allergen 8, 10	€ 12.95
Vegetable Tempura with Rocket Salad & Aioli Allergen 1, 3, 10	€ 12.95

Pizza - see a la carte menu for vegetarian pizza No 1, 4 & 5

Mains

Fresh Herb Falafel with Shredded Cabbage Salad & Green Tahini Dressing Allergen 1, 10, 11	€ 15.95
Thai Green Vegetable Curry with Peanuts, Rice & Naan Bread Allergen 1, 5, 8	€ 16.50
Italian Baked Vegetables with Parmesan Crust & Garlic Flat Bread Allergen 1, 7	€ 16.50
Chinese Vegetable Stirfry with Black Bean Sauce, Cashew Nuts & Basmati Rice Allergen 6, 8	€ 16.50
Chilli Paneer with Stirfry Vegetables, Lime Dressing & Stirfry Noodles Allergen 1, 3, 6	€ 16.50
Stuffed Peppers with Tomatoes, Macroom Buffalo Mozzarella & Basil Oil Allergen 7, 10	€ 16.50
Saffron Risotto with Ballyhoura Wild Mushrooms Allergen 7	€ 19.95

Mains includes a side order of Homemade Fries, Basmati Rice, Champ,
Sauté Potatoes, Stirfry Vegetables or Side Salad.
Allergen 7, 10

DESSERTS

Tart of the day with cream/ice cream	1, 7, 8	€ 7.50
Rich chocolate pots with honeycomb	3, 7	€ 7.50
Lime posset with blackberry compote	3, 7	€ 7.50
Seasonal fruit bowl with praline icecream & butterscotch sauce	3, 7, 8	€ 7.50
Flourless chocolate cake	3, 7	€ 7.50
Pistachio macaroon meringue with fresh fruit & passion fruit syrup	3, 8	€ 7.50
Warm chocolate brownie with vanilla icecream	1, 3, 7, 8	€ 7.50
Home-made chocolate, praline & vanilla icecream with cookie	1, 3, 7, 8	€ 7.50
Hot chocolate pudding with salted caramel +15 mins	1, 3, 7, 8	€ 7.50
Plate of home-made biscuits	1,3,5,7,8,11	€ 3.95
Coffee with a homemade florentine, flapjack, shortbread or gluten free chocolate , date & goji berry bar	1,3,5,7,8,11	€ 4.95