

VEGAN MENU

THE
BALLYMORE
INN

Starters

- Thai Green Vegetable Soup with Coconut Milk & Rice Noodles € 7.50
Allergen 9
- Hummous with Salad Leaves, Pickled Cucumber, Kimchi, Pomegranate & Warm Flat Bread € 12.10
Allergen 1, 4, 10, 11
- Avocado & Orange Salad with Spiced Pecans & Basil Oil € 13.30
Allergen: 8, 10, 11
- Pizza with Roast Pepper, Garlic, Spinach, Vegan Mozzarella & Chilli Oil € 18.15

Mains

- Fresh Herb Falafel with Shredded Cabbage Salad & Green Tahini Dressing € 17.15
Allergen 1, 10, 11
- Chinese Noodles with Stirfry Vegetables, Cashew Nuts, Ginger, Garlic, Chilli & Lime € 17.75
Allergen: 6, 8
- Chargrilled Vegetables with Sweet Potato Wedges, Sesame Dressing & Rocket Salad € 17.75
Allergen: 6, 10, 11
- Baked Haricot Beans with Peanuts, Vegetables, Tomato & Basil Sauce € 17.75
Vegan Cheese Topping (Optional)
Allergen: 5, 10
- Mixed Leaves with Cherry Tomatoes, Pickled Cucumber, Red Onion, Avocado, Pistachio Nuts & Sesame Seeds € 17.75
Allergen: 8, 10, 11
- Mains includes a side order of Homemade Fries, Basmati Rice, Sauté Potatoes,
Allergen: 10, 11

Mains includes a side order of Homemade Fries, Basmati Rice, Champ, Sauté Potatoes, Stirfry Vegetables or Side Salad.

Allergen: 10

DESSERTS

- Seasonal Fruit Bowl with Passion Fruit Syrup, Coconut, Lime & Pecan Ice-Cream € 7.95
Allergen: 8
- Banana with Chocolate Sauce, Coconut Icecream & Pistachio € 7.95
Allergen: 8
- Coffee with Chocolate, Date & Goji Berry Bar € 5.35

Allergens:

- | | |
|--------------------|------------------------------|
| 1 Cereals, gluten. | 8 Nuts |
| 2 Crustaceans. | 9 Celery |
| 3 Eggs. | 10 Mustard |
| 4 Fish. | 11 Sesame |
| 5 Peanuts. | 12 Sulphur Dioxide/Sulphites |
| 6 Soy Beans | 13 Lupin |
| 7 Milk/Cream | 14 Molluscs |