

# VEGAN MENU

THE  
BALLYMORE  
INN

## Starters

- Thai Green Vegetable Soup with Coconut Milk & Rice Noodles € 7.50  
*Allergen 9*
- Hummous with Salad Leaves, Pickled Cucumber, Kimchi, Pomegranate & Warm Flat Bread € 12.10  
*Allergen 1, 4, 10, 11*
- Avocado & Orange Salad with Spiced Pecans & Basil Oil € 13.30  
*Allergen: 8, 10, 11*
- Pizza with Roast Pepper, Garlic, Spinach, Vegan Mozzarella & Chilli Oil € 18.15

## Mains

- Fresh Herb Falafel with Shredded Cabbage Salad & Green Tahini Dressing € 17.15  
*Allergen 1, 10, 11*
- Chinese Noodles with Stirfry Vegetables, Cashew Nuts, Ginger, Garlic, Chilli & Lime € 17.75  
*Allergen: 6, 8*
- Chargrilled Vegetables with Sweet Potato Wedges, Sesame Dressing & Rocket Salad € 17.75  
*Allergen: 6, 10, 11*
- Baked Haricot Beans with Peanuts, Vegetables, Tomato & Basil Sauce € 17.75  
Vegan Cheese Topping (Optional)  
*Allergen: 5, 10*
- Mixed Leaves with Cherry Tomatoes, Pickled Cucumber, Red Onion, Avocado, Pistachio Nuts & Sesame Seeds € 17.75  
*Allergen: 8, 10, 11*
- Mains includes a side order of Homemade Fries, Basmati Rice, Sauté Potatoes,  
*Allergen: 10, 11*

**Mains includes a side order of Homemade Fries, Basmati Rice, Champ, Sauté Potatoes, Stirfry Vegetables or Side Salad.**

*Allergen: 10*

## DESSERTS

- Seasonal Fruit Bowl with Passion Fruit Syrup, Coconut, Lime & Pecan Ice-Cream € 7.95  
*Allergen: 8*
- Banana with Chocolate Sauce, Coconut Icecream & Pistachio € 7.95  
*Allergen: 8*
- Coffee with Chocolate, Date & Goji Berry Bar € 5.35

### Allergens:

- |                    |                              |
|--------------------|------------------------------|
| 1 Cereals, gluten. | 8 Nuts                       |
| 2 Crustaceans.     | 9 Celery                     |
| 3 Eggs.            | 10 Mustard                   |
| 4 Fish.            | 11 Sesame                    |
| 5 Peanuts.         | 12 Sulphur Dioxide/Sulphites |
| 6 Soy Beans        | 13 Lupin                     |
| 7 Milk/Cream       | 14 Molluscs                  |